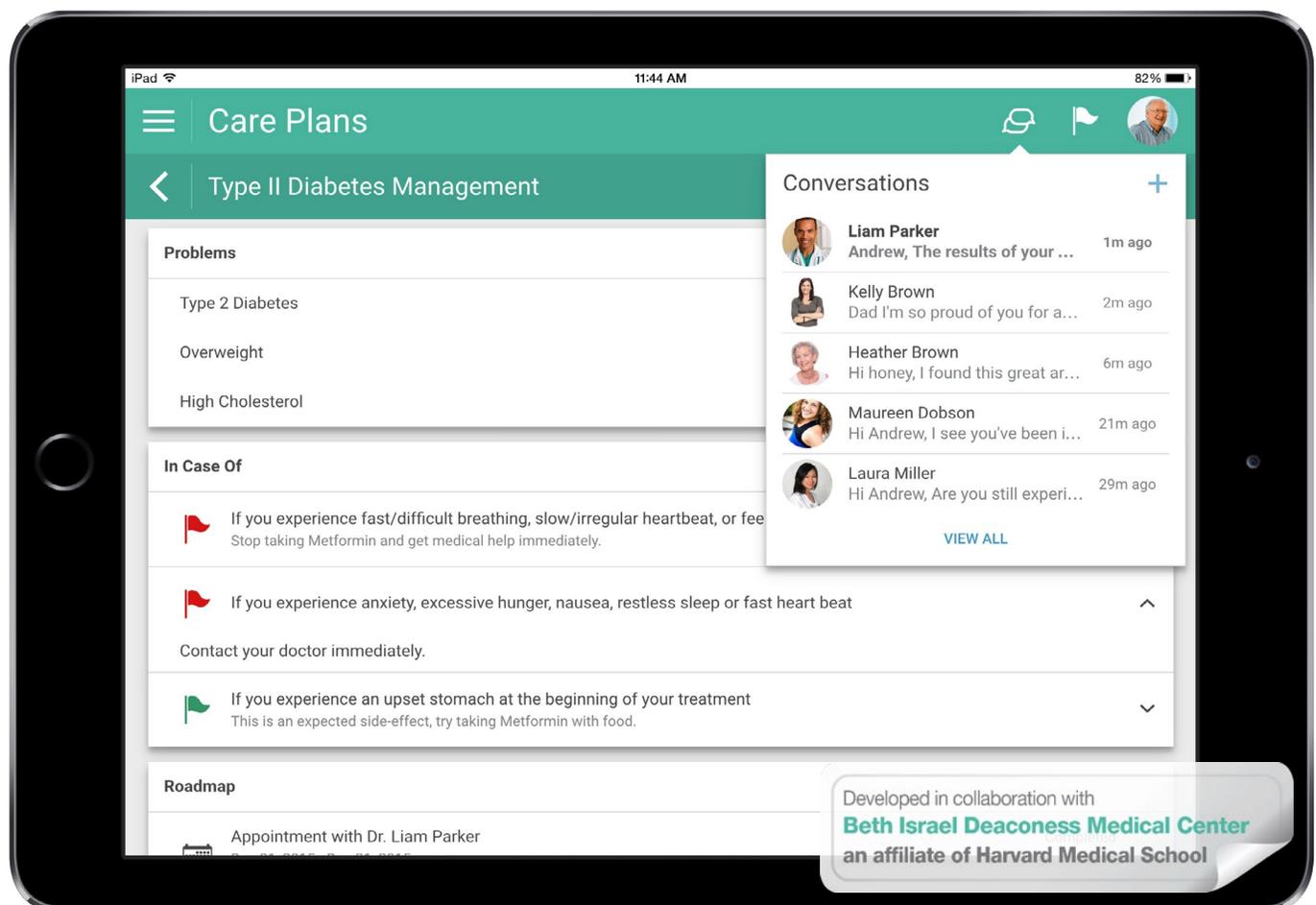


Patient-facing Care Plans

Improve Outcomes through Improved Care Coordination

Lay-language, patient-facing care plans are used to improve outcomes by engaging patients and their Circle of Care during transitions between acute, primary, and long-term care. Developed in partnership with Beth Israel Deaconess Medical Center (an affiliate of Harvard Medical School), patient-facing care plans can be easily created by providers and delivered to patients, helping to empower and enable patients and their advocates to make informed decisions.

Patient-facing care plans add structure, standardization, and accountability to the patient-provider visit, and help activate the patient to improve their adherence. Unlike clinical care plans which are intended for use by the patient's care team, patient-facing care plans are designed to be used collaboratively by the patient and their Circle of Care. They are accessible online and written in easy-to-understand language so patients and their Circle of Care have a clear understanding of what they need to know and do to better manage the patient's condition.



Reduce Unnecessary Hospital Re-Admissions

Patient-facing care plans provide patients and their Circle of Care with all of the critical information they require between clinical visits, including:

- The details of their condition
- What treatments have happened to date
- What treatments are expected to occur next
- What to do in case of expected and/or adverse events

The care plan provides all the information patients and their families need to be more active in the patient's care. More importantly, it reduces avoidable emergency department visits for care best managed elsewhere in the community.

If patients or their advocates have any questions or concerns, they can use secure messaging to communicate with any of their care providers who are part of the patient's Circle of Care. It's fast and secure. By supporting communication across the continuum of care and through the patient's Circle of Care, NexJ Connected Wellness encourages greater collaboration and fosters shared decision-making.

Impact of Personal Care Plans



Beth Israel Deaconess
Medical Center

an affiliate of
Harvard Medical School

A pilot study at Beth Israel Deaconess Medical Center determined that personal care plans had a significant impact on improving patient satisfaction and shared decision-making.

96% of patients were satisfied with their physician versus 38% satisfaction with their prior doctor visit

69% of the patients shared this written summary with family and/or friends

97% of the patients found the written summary of the plan to address their concerns very helpful

80% reduction of follow up patient phone calls to their physician

“This tool is transforming the doctor-patient relationship, the focal point at which quality care, costs, health literacy and satisfaction intersect.”

Steven D. Freedman, MD, Ph.D., Chief of the Division of Transitional Research and Professor of Medicine, Harvard Medical School



www.nexjhealth.com

About NexJ Health

NexJ Health Inc. is a provider of cloud-based population health management solutions delivering patient engagement for chronic disease management. At NexJ Health, we believe that controlling the rise of chronic disease is possible when patients are engaged to actively participate in managing their chronic conditions. By engaging patients through NexJ Connected Wellness, patients are more likely to achieve their health goals, payers can lower costs, providers can improve care to patients, and pharmaceutical manufacturers and pharmacies can improve medication adherence.

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